Weaving culture into couture

MANAGEMENT and Science University (MSU) hosted the MSU Modest Selangor Runway 2025 (MSR), a unique platform celebrating contemporary modest fashion while promoting the values of empathy, inclusivity and community empowerment.

Held at Chancellor Hall, MSU Shah Alam, the showcase served as the grand finale of MSU Fashion Week 2025, which ran from Oct 28 to Nov 3.

The event brought together emerging designers, students and industry professionals in a vibrant display of creativity and cultural expression.

The event was officiated by MSU president and founder Prof Tan Sri Dr Mohd Shukri Ab Yajid. Also in attendance were MSU vice-chancellor Prof Puan Sri Dr Junainah Abd Hamid, Industry Linkages and Entrepreneurship senior vice-president Prof Dr Abdul Jalil Ghazali, UEDA College of Fashion Japan president Hitoshi Tajima, MSU Board of Governors member Makoto Morishito, School of Hospitality and Creative Arts (SHCA) dean Azizul Jamaludin, as well as industry partners.

Their presence reflected a continued commitment to strengthening academia–industry ties and supporting MSU's mission of nurturing creative young talent.

(Above) Talented MSU student designers brought contemporary modest fashion to life at MSR 2025. (Right) Inclusivity and self-confidence shone as youth with Down syndrome walked the runway.

Sewing a new narrative

MSR 2025 carried the theme "Harmonisation of Arts and Culture", highlighting cultural elements, creative expression and innovation in modest fashion.

It featured five main segments presenting 68 modest designs by bachelor's and diploma students from MSU's Fashion Design programmes, together with industry collaborators.

A key highlight was the opening segment organised together with Persatuan Bunga-Bunga Syurga, which featured children with Down syndrome as models.

This notable presentation showcased 20 textile-based creations, aimed at raising public awareness of diverse abilities and the importance of inclusive spaces in the fashion industry.

The event also featured an international showcase by UEDA College of Fashion Japan, presenting 10 cross-cultural designs.

A collaboration with MSU alumni under the brand Modest by MSU X Fyqa Abaya Mustafa.co showcased a hijab collection that combined modesty and elegance.

The men and women's collections designed by bachelor's and diploma students further demonstrated creativity, technical skill and thoughtful craftsmanship.

Stitching a sustainable future

MSR 2025 also supported the United Nations Sustainable Development Goals (UNSDG) through its focus on Quality Education (SDG 4), Sustainable Cities and Communities (SDG 11), Responsible Consumption and Production (SDG 12) and Partnership for the Goals (SDG 17).

The programme was made possible through collaboration with UEDA College of Fashion Japan, Ekha, Kraftangan Malaysia (Karyaneka) and Persatuan Bunga-Bunga Syurga. Sponsorship contributions were received from Ekha Langkawi, Kraftangan Malaysia (Karyaneka), Fyqaabaya Mustafa.co, Jep Maju Enterprise and Rumah Gepok.

NUS National University of Singapore

Elevate Your Perspective. Shape Tomorrow's Solutions.

Discover two distinguished Master's programmes from the National University of Singapore.

MSc in Behavioural & Implementation Sciences in Health Info Session

Advancing Excellence in Healthcare Improvement
The Master of Science in Behavioural and Implementation Sciences in Health empowers forward-thinking professionals to design, evaluate and scale evidence-based interventions that enhance health systems and patient outcomes.

At the Information Session, you will:
- Gain insight into the programme's rigorous curriculum and academic pathways.
- Understand how behavioural research informs real-world healthcare implementation.
- Hear directly from faculty members of the Centre for Behavioural and Implementation Science Interventions.

Details :
26 November 2025 (Wednesday)
5pm – 6pm (SGT) – Online

Register via QR Code

Master of Social Sciences in Geopolitics of South Asia Info Session

Interpreting Regional Dynamics. Informing Global Strategy.
This interdisciplinary Master's programme offers a comprehensive understanding of South Asia's political, economic and strategic landscape, preparing graduates to navigate complex global developments with clarity and authority.

At the Information Session, you will:
- Explore the programme's academic structure and thematic focus.
- Learn how South Asian geopolitical shifts influence global affairs.
- Hear directly from faculty members of the South Asian Studies Programme.

Details:
27 November 2025 (Thursday)
3pm – 4.30pm (SGT) – Online

Register via QR Code

Create your Future with us!
Registration for the info-sessions is open.

Find out more at:
masters.nus.edu.sg

Honing skills for medical excellence

PICTURE this: final examinations are around the corner and everyone keeps asking, "So, what are you going to study?"

For some, the answer comes easily – medicine, healthcare, making a difference. But the real uncertainty begins with the follow-up questions: Which university? Local or overseas? What if you're interested in healthcare but not entirely sure about becoming a doctor? What if you want a world-class education but don't want to be away for five years?

Choosing your path in healthcare shouldn't feel overwhelming. It should open possibilities, not limit them. That's exactly what studying at RUMC (RCSI & UCD Malaysia campus) is designed to offer – options that fit different ambitions, strengths and future goals.

RUMC medical students gain hands-on experience during their clinical training in real hospital settings, allowing them to apply their knowledge and build confidence as future doctors.

For students who know they want to study medicine but need a strong academic start, the Pre-Medical Foundation Year provides the grounding necessary to step confidently into medical school.

For those who love science but are still exploring the many careers within healthcare, the Foundation in Science offers a flexible and supportive beginning.

In RUMC's fully equipped laboratories, students develop essential scientific thinking, attention to detail and problem-solving skills – abilities that will serve them across any healthcare pathway.

For many, the dream is still to become a doctor. RUMC's medicine programme offers the best of both worlds. Students spend their first two and a half years at RCSI or UCD in Ireland, building a pre-clinical foundation alongside peers from across the globe.

They then return to Penang for their clinical years, where theory becomes practice in four exclusive training hospitals.

Students learn in the context where they may eventually practice, understanding regional healthcare needs while maintaining the international standards established in Ireland.

For those whose passion lies at the intersection of medicine and technology, the Bachelor of Science in Medical Informatics prepares students for the future in artificial intelligence, big data and digital health systems. It equips them to redesign healthcare systems and develop data-driven tools, making them essential in an increasingly digital field.

At RUMC, students do not navigate their journey alone. They learn from practising clinicians, receive support from future colleagues and have access to facilities that make learning feel like a discovery.

RUMC holds university status as a foreign university branch campus in Malaysia. Its programmes are recognised by the Malaysian and Irish Medical Councils and its global recognition by the Educational Commission for Foreign Medical Graduates, the Foundation for Advancement of International Medical Education and Research, and the World Directory of Medical Schools enables its graduates to pursue medical careers anywhere in the world, from Malaysia to the UK, the US or Canada.

RUMC's 2026 intake is open, and students can apply using their forecast results, securing their place while focusing on their exams and avoiding the post-results scramble.

The path you choose now shapes the difference you will make tomorrow. Your future in healthcare begins with a choice. What will yours be?

■ For enquiries, contact enquiry@rumc.edu.my or 04-217 1999.

IMU University enters a new chapter where we go beyond medical and health sciences into the realms of business, technology and social sciences to shape tomorrow's global leaders. Unlock your potential with us today.

Step into the future
fuelled by our One Health vision

IMU UNIVERSITY

POSTGRADUATE

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Master of Science in Acupuncture
KPT/JPT(R/721/7/0071)03/2027
MQA/SWA8570
SEP

School of Business and Technology

Master of Business Administration in Healthcare Management
KPT/JPT(R/345/7/1085)10/2028
MQA/SWA11353
MAR . SEP

Master in Health Informatics and Analytics
KPT/JPT(R/0688/7/0003)09/2032
MQA/SWA13974
SEP

School of Dentistry

Postgraduate Diploma in Endodontics
KPT/JPT(R/0911/7/0003)05/2029
MQA/SWA12162
OCT

Postgraduate Diploma in Implant Dentistry
KPT/JPT(R/724/7/0019)06/2026
MQA/SWA06111
OCT

Postgraduate Diploma in Prosthodontics
KPT/JPT(R/0911/7/0002)05/2029
MQA/SWA12163
MAY

School of Health Sciences

Postgraduate Diploma in Diabetes Management and Education**
KPT/JPT(N-DL/0915/7/0004)11/2027
MQA/PSA16046
MAR . JUL
** Available in ODL mode only

School of Medicine

Master of Science in Public Health#
KPT/JPT(R3/0910/7/0025)09/2030
A10261
KPT/JPT(R-DL/720/7/0811)09/2028
MQA/SWA11356
MAR . SEP

School of Pharmacy

Master in Pharmacy Practice
KPT/JPT(R2/0916/7/001)03/2029
MQA/SWA2796
MAR . SEP . DEC*

Master of Science in Analytical and Pharmaceutical Chemistry#
KPT/JPT(R2-CDL/442/7/0001)01/2027
MQA/FA1191
KPT/JPT(N-DL/442/7/0022)02/2026
MQA/PSA11367
MAR . SEP

Master of Science in Molecular Medicine#
KPT/JPT(R2/545/7/0078)07/2027
MQA/FA1299
KPT/JPT(R-DL/0511/7/0004)09/2030
MQA/SWA11357
MAR . SEP . NOV*

School of Psychology and Social Sciences

Master of Clinical Psychology
KPT/JPT(N/0313/7/0001)07/2027
MQA/PSA15641
SEP

Master of Counselling
KPT/JPT(N/0923/7/0001)09/2026
MQA/FA12002
SEP

Centre for Postgraduate Studies by Research

Master of Science in Medical and Health Sciences
KPT/JPT(R2/720/7/0049)06/2026
A10618
THROUGHOUT THE YEAR

PhD. in Medical and Health Sciences
KPT/JPT(R2/721/8/0043)01/2027
A3767
THROUGHOUT THE YEAR

Doctor of Philosophy (PhD) in Health Professions Education
KPT/JPT(N/0114/8/0001)09/2030
MQA/PSA 17112
THROUGHOUT THE YEAR

Doctor of Philosophy in Healthcare Management
KPT/JPT(N/0910/8/0002)10/2030
MQA/PSA16676
THROUGHOUT THE YEAR

IMU Centre for Education (ICE)

Master in Health Professions Education#
KPT/JPT(R2/0114/7/0033)09/2032
MQA/SWA5164
KPT/JPT(N-DL/0912/7/0022)01/2032
MQA/PSA18271
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Build your future in management

MANAGEMENT is a process of organising, planning, decision-making, leading, motivating and controlling the human, financial, physical and information resources of an organisation to reach its goals efficiently and effectively.

Good management is also fundamental in building great teamwork and the key to a successful organisation.

To prepare those interested for a successful career in management and administration, Management and Science University (MSU) College's Diploma in Management programme offers a broad business management education, equipping students with the right soft skills component.

The programme is specifically designed to provide students with all the tools required to succeed in management positions, as well as exposure to basic components of organisational management, including communication, leadership, marketing, finance and more.

It also prepares students with the latest knowledge and skills, and equips them with high moral values and integrity while carrying out their duties and responsibilities.

A strong foundation in all related areas will provide students with a clear understanding of the fields they may want to explore at the bachelor's level.

The entry requirement for this two-and-a-half-year programme is a minimum of three credits in any subjects in the Sijil Pelajaran Malaysia (SPM) or its equivalent.

Upon completion of the diploma, students can choose to start their careers or proceed to a second-year bachelor's degree in the same field, or through other related programmes at MSU, via the Faculty of Business Management and Professional Studies, with options for credit transfer.

In line with MSU College's aspiration to produce balanced, holistic and well-rounded graduates, a comprehensive entrepreneurial ecosystem and industry-embedded programmes are also deeply rooted as initiatives to further enhance graduate soft skills and ensure they are competent in the job market.

MSU College's Diploma in Management programme is designed to provide students with all the tools required to succeed in management positions.

Apart from this, there are other programmes available under the institution's School of Hospitality, Education and Business Studies such as Early Childhood Education, Accounting and English Language Teaching (ELT).

MSU College is also the MSU APEL Centre for potential candidates to take the APEL Aptitude Test as the non-conventional pre-qualification for entry into higher studies. The institution currently offers APEL A and APEL C at T-3 (certificate), T-4 (diploma), T-6 (bachelor's degree) and T-7 (master's degree) levels.

■ For more information on the programmes offered, call 03-5521 6787, email enquiry@msucollege.my or visit *www.msucollege.edu.my*

Exploring the wonders of TCM

IMU University students Chan Qi, Cheong Jia Jing, Hue Wai Kay and Low Tze Ti took part in a unique international learning experience during the 2025 Shanghai Summer School programme, organised by the Shanghai University of Traditional Chinese Medicine (SHUTCM), from June 3 to 14. The students shared insights from their experience, highlighting the knowledge and skills they gained.

The group visiting Yi Da Herbal Garden, with the Mineral Mountain of healing stones as their backdrop.

This immersive educational experience brought together students from countries including Malaysia, Singapore, Germany, the UK, the Czech Republic and Mexico to explore the rich heritage and contemporary applications of Traditional Chinese Medicine (TCM).

The programme provided a comprehensive introduction to TCM, combining insightful lectures with hands-on practical sessions. We were introduced to fundamental concepts in TCM, including the Yin-Yang theory, the Five Elements, diagnostic methodologies such as pulse and tongue analysis, and therapeutic practices like tuina and acupuncture.

We also had the opportunity to learn Wu Qin Xi (Five Animal Play), a traditional Chinese exercise that imitates the movements of five animals to promote qi and blood circulation, strengthen bones and muscles, and improve physical and mental well-being.

The summer school included an enlightening exploration of Shanghai's integrated TCM ecosystem, with visits to three sites where ancient wisdom intersects with modern technology.

At Shanghai Seventh People's Hospital, an affiliated hospital of SHUTCM, we witnessed the seamless fusion of clinical diagnosis, TCM therapies and herbal dispensary operations. The hospital's TCM departments demonstrated evidence-based integration of herbal protocols with Western medicine, highlighting its leading role in holistic medicine.

We also visited Yi Da Herbal Garden. Spanning 142ha in Kangqiao, this cultural landscape combines medicinal herb cultivation, research, public education and wellness services.

Surrounded by over 500 species of medicinal herbs, we explored the garden and a museum that reconstructed historical practices of herbal processing. Each exhibit emphasised TCM's focus on detail and moderation.

The journey continued at Shanghai Kangqiao Chinese Medicine Tablet Co Ltd, where the modern infrastructure supporting TCM accessibility was revealed. The factory featured semi-mechanised systems and intelligent equipment that streamlined the decoction process, allowing the preparation of thousands of personalised herbal prescriptions daily.

Through this programme, we were able to explore the rich heritage of Chinese culture through hands-on experiences.

Among the highlights were a Xiang Pai workshop, which translates to "incense tag", and learning the art of Chinese tea from a tea expert.

The 2025 Shanghai Summer School was an enriching experience for the four of us. It allowed us to delve into the deep-rooted traditions of TCM and Chinese culture in a way that was educational, cultural and deeply personal.

IMU offers a five-year Bachelor of Chinese Medicine (Honours). It also has partnerships with Shanghai University of TCM, China, and Western Sydney University, Australia, allowing students to transfer after the initial years of study in the IMU Chinese Medicine programme.

Students will be awarded the Bachelor of Chinese Medicine degrees from the respective partner universities upon completing their studies.

The IMU Chinese Medicine programme is delivered in an integrative manner, allowing students to acquire knowledge from both Chinese Medicine and Western medicine. Taught in English, the programme equips students with evidence-based medical knowledge to prepare them for future challenges as healthcare providers.

Ready to turn your pre-university qualifications (STPM, A-Levels, foundation, matriculation, diploma) into a rewarding career? Don't wait—secure your place in IMU University's renowned Chinese Medicine programme by applying online at *application.imu.edu.my*

■ For details, visit *www.imu.edu.my* or email start@imu.edu.my or call 03-2731 7272.

Prep ahead for stress-free mornings

ALTHOUGH research shows that waking up early isn't always the best way to learn, students still often face morning classes. To keep their energy up for those early starts, these tips can help:

Establish a consistent sleep schedule

Aim to go to bed at the same time each night. Your body thrives on routine, so training yourself to sleep at a reasonable hour can help you get the rest you need. Aim for at least seven hours, with eight being ideal.

Harness natural light

Daylight stimulates the brain, just as darkness promotes sleep. If you need to rise after dawn, open your curtains immediately when your alarm goes off to soak in the sun's energising rays.

Prepare the night before

Lay out your clothes and pack your book bag the night before. This minimises morning decision-making and allows you to wake up at your own pace.

Create an energising playlist

Curate a playlist with a gentle song to ease you into the day, followed by upbeat tracks that make you want to sing along.

msu management and science university

Management and Science University (MSU) is a globally recognised institution, ranked by both Quacquarelli Symonds (QS) and Times Higher Education (THE). Committed to developing well-rounded human capital, MSU envisions a more sustainable and inclusive future. Through transformative learning experiences, the university promotes equality and strives to create a level playing field for all, enriching lives and shaping tomorrow's leaders.

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Yayasan msu

NUS LAUNCHES NEW MASTER'S IN GEOPOLITICS OF SOUTH ASIA

SOUTH Asia is rising fast. With nearly two billion people – over 700 million who are under 24 years of age – and more than a million new workers joining the job market each month, the region has become a global powerhouse of talent, innovation and consumer energy.

Recognising its growing influence, the National University of Singapore (NUS) is introducing a new Master's in Geopolitics of South Asia – the first of its kind in South-East Asia.

The one-year Masters by coursework programme provides a structured, intensive learning experience that builds both broad and in-depth understanding of a wide range of the region's geopolitical issues.

"I think that appreciation of the importance of the South Asian region remains somewhat limited in the South-East Asian space, and we want to address that," says NUS South Asian Studies Programme (SASP) head, Assoc Prof Rajesh Rai, reflecting on the motivation behind the new programme.

NUS – one of the top universities in the world – brings 25 years of expertise in South Asian Studies to this new Master's, which combines academic rigour with real-world relevance through a broader, more dynamic coursework approach.

"In today's context, it's not enough to have mastery over one specific topic. Students need to understand a wide range of issues that affect the region – and the role South Asia plays on the global stage," SASP lecturer Dr Rajshree Jetly explains.

She notes that geopolitics, as a field of study, naturally bridges contemporary issues with historical contexts – offering both strong relevance and rich interdisciplinary scope.

"Whatever happens in South Asia has profound global implications – whether in shaping international markets, influencing security dynamics, or informing global policy," Jetly adds.

The advantage of studying this in Singapore lies in its unique position – close to, yet distinct from, South Asia – which allows NUS to offer objective and nuanced insights into the region's politics, economics and contemporary issues.

"This dual insider–outsider perspective is one few universities can match," says Jetly.

Led by the SASP, the Masters is designed in collaboration with the Institute of South Asian Studies (ISAS) – an autonomous research institute within NUS that also serves as a think-tank focusing on South Asian political and economic issues.

Through ISAS, students will gain access to global thought leaders, high-profile visitors and policy discussions that bridge theory with practice – ensuring that learning extends well beyond the classroom.

NUS is also working with a network of local industry and government agency partners to help students build meaningful professional connections.

Rai: There is a need for students to grasp the region's growing importance amid global shifts.

Jetly: The course offers both academic enrichment and practical, career-ready skills.

Students will benefit through exposure to real-world perspectives, industry collaborations and potential internship opportunities after completing the programme.

All of which, Jetly adds, will strengthen the career prospects of students and give them a competitive edge in the global market.

"As businesses increasingly engage with South Asian markets, there will also be a rising demand for experts who can offer informed perspectives on the region."

As she notes, South Asia's rising global influence – combined with NUS's world-class reputation – opens up dynamic career pathways for graduates, spanning diplomacy, journalism, policy, business and academia.

The programme is also designed for a wide range of learners – from recent graduates and aspiring diplomats to policymakers, business leaders and professionals eager to deepen their understanding of South Asia.

Additionally, students will develop practical skills that enable them to analyse and address global challenges such as climate change, migration, economic instability and security threats.

"This approach encourages students to examine global issues through multiple national and geopolitical lenses.

"In doing so, they develop the ability to think critically, conduct comparative analyses, and communicate effectively – all of which are vital skills sought after by employers in academia, policy, media and international organisations," she says.

Core modules include subjects that delve into the history and formation of modern South Asia, as well as critical areas that define the political, social and economic contours of the region.

Students can also choose from a range of electives, including topics such as gender and politics, technopolitics, public policy development and political cinema, among others.

Rai stresses that the programme aims to develop globally minded leaders who are insightful, culturally aware, and strategically astute, with a deep understanding of South Asia and its relevance to regional and global contexts.

"We also want our graduates to combine academic insight with practical skills, enabling them to contribute meaningfully to an increasingly interconnected world," he adds.

■ NUS' Master's in Geopolitics of South Asia is set to commence AY2026/2027.

Scan the QR code to find out more.